

Rueda de Casino Classes at SalsaNSeattle

Rueda de casino requires a group to learn and practice. So learn and practice with us at SalsaNSeattle!

Come for the class, and stay for additional practice with Seattle Rueda, every Sunday from 4:30 to 6:30. See www.seattlerueda.com for more information. Classes are every other Sunday. But there is an opportunity to practice every week.

Level I provides solid fundamentals for dancing in a *rueda*, and a number of steps on which many *rueda de casino* calls are based.

By the end of **Level II** Class C, you will have learned the 12 building block steps on which nearly all *rueda de casino* calls are built, plus more.

Below is an overview of the steps that will be covered in each 1.5 hour class. Fun variations may be covered if time allows.

All are welcome at Level I, though each class progresses from the previous one and beginners should start with Class A.

For most dancers, weekly practice in addition to classes is an important part of consolidating your learning and being ready to learn the new material in the next class in the series.

Level II Prerequisites

Level II will move quickly through a lot of new steps. For attending a Level II class...

- It is recommended that follows know, at a minimum: guapea (Cuban basic), and dile que no (Cuban cross body lead). These are different from Salsa basic and salsa cross body lead. Follows should also have some understanding of what it means to follow.
- It is strongly recommended that leads know: guapea (Cuban basic), and dile que no (Cuban cross body lead), dame, adíos, enchufla, arriba (aka caminamos – walking in closed position).

Date	Level/Class	Steps/Rueda Calls That Will be Taught
Jan 10	Level I, Class A	<ul style="list-style-type: none">• Basic casino rhythm• Basic body movement and arm position• Arriba (aka caminamos)• Basic frame and lead-follow technique• Básico (aka son montuno)• Un tarro• Guapea (open position casino basic)• Basic rueda dynamics: dancing with a group, listening to the caller, changing partners• Un fly• Suena (and other fun calls that emphasize keeping rhythm with the group)• Guapea con camínala• Rueda de casino etiquette• <p>(continued on next page)</p>

Jan 24	Level I, Class B	<ul style="list-style-type: none"> • Dile que no (casino/Cuban cross body lead) • Dame (change partners with casino/Cuban cross body lead) • Pásale con las manos • Enchufla pero no (follow's left half-turn into closed position) • Enchufla y dile que no (follow's left half-turn and casino cross body lead) • Enchufla y dame (follow's left half-turn and change partners) • Rueda de casino “survival skills” (tips for participating in a rueda wherever you go)
Feb 7	Level I, Class C	<ul style="list-style-type: none"> • Adiós • Sombrero • Vacílala • Enchufla con mambo, enchufla doble, etc. • Emphasis on lead/follow technique and rueda de casino “survival skills”
See Prerequisites for Level II, listed above this table		
Feb 21	Level II, Class A	<ul style="list-style-type: none"> • Adiós con la hermana • Exhíbela • Abanico (aka llévala pa'bajo) • Pa'l medio • Learners will be familiar with 2 basic rueda formations by the end of this class
Mar 6	Level II, Class B	<ul style="list-style-type: none"> • Dame dos • Dame directo • Siete • El uno • Emphasis on rueda “survival skills” as things get more difficult
Mar 20	Level II, Class C	<ul style="list-style-type: none"> • Setenta • Dame arriba • Kentoqui (if time allows) • Emphasis on lead/follow